

Jobs Statewide supports Time for Kids Program



Jobs Statewide CEO Wendy-Jane Williams (left) and Time for Kids Assistant Manager, Karen Lewis

In June we were given the very exciting news that we had been the successful recipients of a large donation from the Board of Jobs Statewide.

Jobs Statewide is a not-for-profit organisation, which provides recruitment and training services for unemployed and disadvantaged

people. They also conduct Work for the Dole programs to complete projects within the community. These projects can vary from renovating a neighbourhood centre, to landscaping a park or restoring an old fighter plane.

As well as benefiting the communities, the participants gain valuable skills, which can help them to secure long term employment.

We were asked to submit a proposal and were thrilled to learn that we were to receive \$20,000!

It currently costs close to \$2,000 to successfully place a child with a carer family and this donation enables us to secure placements for ten children.

Chief Executive Officer, Wendy-Jayne Williams (pictured) says, "When we (Jobs Statewide) heard

about Time for Kids and how they help disadvantaged children, we had no hesitation in getting on the phone to offer them our support.

The goals of both organisations are quite similar – we both aim to increase the quality of life and future prospects for individuals and their families, ultimately benefiting the wider community.

Jobs Statewide has great respect for the work of Time for Kids and believe our children should have every opportunity to be the best they can."



A few words from our Acting Manager.....

A warm hello to you all and welcome to the September/October edition of the Time for Kids newsletter.

As Kathy is interstate watching her daughters compete in the National Irish Dancing Competition, it is with pleasure that I write this edition's "A few words...".

The last few months have been very busy here at Time for Kids. We have been receiving many enquiries from potential families thanks to our new advertising campaign in school newsletters as well as regular ads and stories in the Messenger. This is great news as we're always in need of more carers to help the children referred to the program.

We are also pleased to note that we are getting close to signing a contract with Families SA to help support relative carers and grandparent carers. This is an exciting time for us as we move towards supporting more children and families in need.

Time for Kids held its 2007 AGM on Thursday 27 September. All current positions were re-elected and remain unchanged for another term.

I would like to take this opportunity to thank our esteemed President Philip Scales who celebrates his thirtieth year as our President. His dedication and enthusiasm is to be commended. He is a fantastic example of what one person can do to help others in their community. It was pointed out that some of the staff were only in primary school when he started as President and others were not even born!

This year we've decided that in the interest of saving paper and our environment, the Annual Report can be downloaded from our website. If you would like a copy, please contact us and we'd be happy to print one out and send it to you.

Until next time, take care of you.

Karen



Check out our new look Website!

www.timeforkids.com.au

Thanks to the generous help of the Online Community Engagement students at the University of South Australia, Time for Kids now has an easily updatable and user-friendly website.

We want to make our website a central place that carers, families and agencies can go to get updated information, download the latest newsletter, referral forms and more!

If you have any suggestions about what you would like to see on our website, please either call or email us anytime.

**This is your website -
be a part of our future.**



CAN YOU HELP US FIND A FAMILY FOR THESE KIDS?

Response to this column in previous newsletters has been really great and we've been able to successfully match several children with new carers. However, every month we get more children who need a helping hand. Can you help these kids - or know someone who can?

Twin brother & sister 7 - living in Adelaide Hills. Father doesn't want to separate. Both love outdoors, animals and being creative. Great kids that just need a break.

Boy 11 - northern area - living with grandmother (sole carer). Would love to visit a family with boys as he lives in an all girl family. Loves reading and playing soccer.

Boy 11 - southern area. Has mild learning disability but responds to gentle & firm limits. Likes to keep busy, enjoys outdoor activities, collecting reptiles and sport.

Girl 6 - western area - Brother in placement. Full of energy and loves to play. Would like a family with other children of similar age.

Sisters 8 & 10 - Living in regional SA, looking for a break in the city or country. Both have sight impairments but manage well with support. Both love animals, horse riding, reading, movies, music and outdoor activities.



Some School Holiday Activities for Children

If you're looking for something to do with the kids these school holidays, why not check out some of these free or low cost fun activities.

By Design Cultural Heritage Festival, Norwood, 6th - 12th October. Walking tours and trails, talks and forums, storytelling and a scrapbooking workshop for children. Most of these activities are free. Check the Norwood Council website at www.npsp.sa.gov.au for program dates and details

At the **SA Museum**, North Tce

Create your own Aboriginal Dot Art on a rock, boomerang or animal shape, listen to Aboriginal stories while you paint. For 3 - 15 year olds

Where: Indigenous Information Centre, Level 1

When: 2nd to 12th October (weekdays only) 10am - 12N and 1:30pm - 4pm

Cost: from \$2 per child ~ Enquiries 8207 7410

Make a butterfly, bug fridge magnet or a sun catcher to hang in the window. For 3 - 12 year olds.

Where: Bird Gallery, Level 2

When: 2nd to 12th October (weekdays only) 11am - 3pm

Cost: from \$2.50 ~ Enquiries 8207 7377

At the **Art Gallery**, North Tce

Outback Safari, paint your own Australian landscape.

For 5 - 10 year olds

When: Sunday 28 October, 12N - 3pm

Cost: Free

Annual Family Day - art & craft, entertainment, sausage sizzle, clowns, childrens tours and more

When: Sunday 10 November, after the Christmas Pageant

Cost: Free

Attachment Disorder

Some of our carers and parents have expressed an interest in knowing more about attachment difficulties in children.

The following information is taken from the Caregiver Education Series, Editor: B. D. Perry

The set of behaviours, classified as attachment disorder, are thought to develop in a child as a method of coping with insecure or disrupted bonding to the primary care-giver at a young age. The specific problems will vary and can range from very mild to severe and can include:

Emotional functioning: A range of emotional problems is common in these children including depressive and anxiety symptoms. One common behaviour is "indiscriminant" attachment. Children may seek attachments -- any attachments -- for their safety. These

"affectionate" behaviours are actually safety seeking behaviours, not consistent with normal social interactions. On the flip side, sometimes these children do not *appear* affected by their interactions with people they are familiar with.

Aggression: The ability to emotionally "understand" the impact of your behaviour on others may be impaired in these children. They really do not understand or feel what it is like for others when they do or say something hurtful. This aggression may be accompanied by a detached, cold lack of empathy.

Eating: Odd eating behaviours hoarding/hiding food, (throwing up food), swallowing problems.

Soothing behaviour: These children may use immature or bizarre soothing behaviours. They may bite themselves, head bang, rock, chant, scratch or cut themselves.

What can I do to help?

Parents and caregivers make all the difference in the lives of these children. Below is a list of suggestions for different ways to help.

- Nurture these children
- Try to understand the behaviours before punishment or consequences
- Be consistent, predictable and repetitive
- Model and teach appropriate social behaviours
- Listen to and talk with these children
- Have realistic expectations of these children: Be patient with the child's progress and with yourself:
- Take care of yourself

Reference: B.D. Perry, M.D., Ph.D., D. Runyan, Ph. D., C. Sturges, Caregiver Education Series, Editor: B. D. Perry, ChildTrauma Academy. All Rights Reserved. www.ChildTrauma.org

A Message from the Time for Kids Board.....

We are currently negotiating arrangements with the State Government for Time for Kids' carers to provide a break to children who are receiving full time care from their grandparents or other relatives.

If successful, this will result in welcome funding to assist us to continue this important work. We will keep you informed of progress through this newsletter.

World Festival of Magic is coming to town!

Come and see the very special 20th Anniversary show with that great magician Tony Laffan, all time favourite Chuck Jones and their friends, who will amaze and astound you.

Where: Thebarton Theatre,
112 Henley Beach Rd,
Torrensville

When: Sunday 4th Nov. 12N and 3pm
Monday 5th Nov. 12N and
6:30pm

For your free tickets, please contact Tina at Time for Kids on 8362 6311 before Tuesday 16th October.



Fun Crafts for Kids

Cool Photo Frames

Make picture frames for your photos. You can hang them in your room or make gifts for your family and friends.

For each frame you will need:

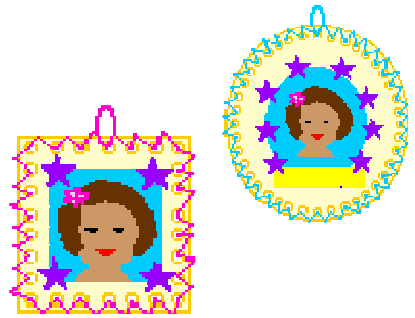
Thick, flexible, clear plastic (available in craft stores)
A photo to frame
A hole punch
Yarn, twine or other thick thread
Scissors
Glue
Stickers (optional)
Thick needle (optional)

Choose a photo to frame. Write info about the photo on its back (like the date, people in the photo, the location, the occasion, etc.). You'll be able to read this after the frame is done.

Choose a shape for your frame. Cut 2 pieces of plastic; one for the front and one for the back of the frame. Make sure the plastic is about 2cm larger than the photo on all sides.

All sorts of shapes look good. To cut an oval or heart shape, draw half the shape on a folded piece of paper, then cut it. Use this as a template for cutting the plastic.

Put the 2 pieces of plastic together (without the photograph). Using a hole



punch, make a series of holes all around the edge of the frame.

Place the photo on one piece of plastic and position it where it will look best. A dab of glue on the back of the photo will keep it in place.

Decorate with stickers, labels, glitter or anything else you like.

Put the second piece of plastic on top of the first, matching the holes exactly.

Using yarn, twine, embroidery floss, or other thick thread, "sew" up the edges of the frame. Older children can use an upholstery needle. For younger ones, a bit of nail polish put on the end of the string (let it dry first) will act like a needle.

Attach a short loop of yarn for hanging the frame.

Free Training Sessions

We will be running free training sessions for our carers and for the parents/guardians of the children in our program.

The following training sessions are scheduled for this year:

Communication with Children

Date: Sunday 7th of October

Time: 1pm till 4.30pm

Where: Time for Kids office, 72 Fullarton Road, Norwood

Afternoon tea will be provided

Responding to Challenging Behaviors

Date: Sunday 18th of November (tentative date)

Time: 1pm till 4.30pm

Where: Time for Kids office, 72 Fullarton Road, Norwood

Afternoon tea will be provided

If you would like further information or to book your place, please call Tina, Sherril or Maria on **8362 6311**.

INTRODUCTION TO VOLUNTEERING

WORKSHOPS PRESENTED BY VOLUNTEERING SA

Free information sessions for people who are either considering volunteering or who are 'new' volunteers are held on the first Tuesday and Thursday of each month.

In a relaxed and informal setting you will learn:

What volunteering is
what type of organisations need volunteers
what sort of jobs are available
rights and responsibilities
useful questions to ask
the benefits of volunteering

**Next Session: Tuesday 9th October
10.00am - 11.00 am**

Bookings are essential, phone 8221 717

**Venue: Volunteering SA
220 Victoria Square, Adelaide**

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